

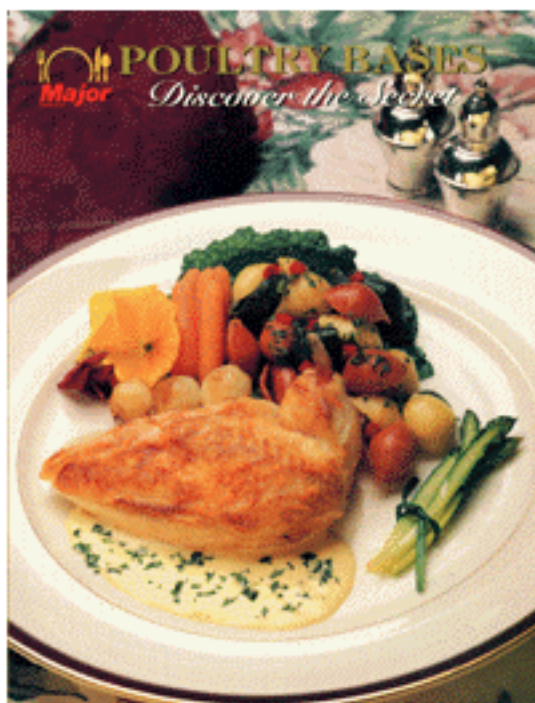


Recipe Database

Black Bean Soup

Yield: 1 Gallon
Portions: 16

Ingredients	Quantity	Directions
Black Beans, diced Water	2 lbs. 1 gal.	In one gallon of cold water, soak beans overnight. Drain and set aside.
Onions, chopped Sausage, Italian or Cajun Bacon, chopped	2 lbs. 1 lb. 4 oz.	In a large pot saute' onions, sausage, and bacon until cooked.
Water MAJOR CHICKEN BASE Cilantro, chopped Cumin, ground	1 gal. 4 oz. 1/2 cup 2 tbl.	Add water and chicken base to pot. Bring to a boil for five minutes. Add seasonings and reduce to a simmer for ten minutes.
Sour Cream Tomatoes, fresh diced	16 oz. 2 cups	Garnish with a tablespoon of sour cream topped with diced tomatoes.



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